



Weekly Menu

Meadowbrook Place



	Sun 12-15-2024	Mon 12-16-2024	Tue 12-17-2024	Wed 12-18-2024	Thu 12-19-2024	Fri 12-20-2024	Sat 12-21-2024
B R E A K F A S T	Creamy Oatmeal Egg of Choice Hash Browns Fresh Fruit 100% Juice Whole Grain Toast	Cream of Wheat Egg of Choice Bacon Fresh Fruit 100% Juice Whole Grain Toast	Creamy Oatmeal Egg of Choice Sausage Patty Fresh Fruit 100% Juice Whole Grain Toast	Cream of Wheat Egg of Choice Corned Beef Hash Fresh Fruit 100% Juice Whole Grain Toast	Creamy Oatmeal Egg of Choice Yogurt Fresh Fruit 100% Juice Whole Grain Toast	Cream of Wheat Egg of Choice <i>and</i> French Toast Sticks 100% Juice Whole Grain Toast	Creamy Oatmeal Egg of Choice Sausage Link Fresh Fruit 100% Juice Whole Grain Toast
L U N C H	Coleslaw Seasoned Pot Roast <i>or</i> Glazed Salmon Parmesan Mashed Potatoes Corn Baked Roll Chocolate Cream Pie	Three Bean Salad BBQ Chicken Thigh <i>or</i> Classic Salisbury Steak and Gravy Fresh Cooked Yams Seasoned Cabbage Baked Roll Cherry Cobbler	Green Salad Pork Roast Teriyaki <i>or</i> Baked Beef Ravioli Fluffy Baked Rice Mixed Vegetables Whole Grain Bread Fruited Jello	Cottage Cheese and Fruit Pepper Steak with Gravy <i>or</i> Turkey with Mushroom Sauce Roasted Red Potatoes Seasoned Zucchini Garlic Texas Toast Fudge Brownie	Green Salad Chicken with Dijon Sauce <i>or</i> Oven Roasted Pork Loin Stuffing Steamed Broccoli Baked Roll Apple Pie	Bacon Ranch Pea Salad Breaded Fish Fillet <i>or</i> Baked Sliced Ham Seasoned Fried Potatoes Chef's Steamed Vegetable Whole Grain Bread Fruit Crisp	Green Salad Mozzarella Meatloaf <i>or</i> Marinated Turkey Mashed Red Potatoes Seasoned Peas Baked Roll Yellow Cake
D I N N E R	Soup Du Jour Ham and Cheese Hoagie Applesauce Garlic Green Beans Cookie	Soup Du Jour Homestyle Sloppy Joes Peach Fruit Cup Herb Roasted Tomatoes Ice Cream	Soup Du Jour Canadian Bacon Pizza Pears Chef's Steamed Vegetable Garlic Bread Lemon Lush Pudding	Soup Du Jour Chicken Soft Tacos Orange Slices Zesty Cucumber Salad Ice Cream	Soup Du Jour Classic Beef Stroganoff Carrot Green Bean Blend Garlic Texas Toast Jello Salad	Soup Du Jour Chili Dog Grapes Sliced Tomatoes Cookie	Soup Du Jour Baked Potato Bar California Blend Winter Fruit Salad
	Milk offered at every meal						Week 5

Dietitian's Signature: *Quinn Jager* 10-14-2024
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We apologize if circumstance require a last minute change to our menu