



# Weekly Menu

Meadowbrook Place



	Sun 12-22-2024	Mon 12-23-2024	Tue 12-24-2024	Wed 12-25-2024	Thu 12-26-2024	Fri 12-27-2024	Sat 12-28-2024
B R E A K F A S T	Cream of Wheat Basic Muffin Egg of Choice Yogurt Fresh Fruit 100% Juice Whole Grain Toast	Creamy Oatmeal Egg of Choice Bacon 100% Juice Whole Grain Toast	Cream of Wheat French Toast Egg of Choice 100% Juice Whole Grain Toast	Creamy Oatmeal Egg of Choice Hash Brown Patty Peaches 100% Juice Whole Grain Toast	Cream of Wheat Egg of Choice Sausage Link 100% Juice Whole Grain Toast	Creamy Oatmeal Bagel and Cream Cheese Egg of Choice Fresh Fruit 100% Juice Whole Grain Toast	Cream of Wheat Egg and Cheese Biscuit Egg of Choice 100% Juice Whole Grain Toast
L U N C H	Green Salad Rosemary Lemon Chicken <i>or</i> Maple Crusted Beef Roast Garlic Pasta Green Beans Italian Baked Roll Ice Cream	Pickled Beets Pork Tenderloin <i>or</i> BBQ Chicken Thigh Candied Yams Roasted Brussels Sprouts Whole Grain Bread Coffee Cake	Green Salad Ale House Beef <i>or</i> Grilled Fish with Aioli Sauce Herb Mashed Potatoes Chef's Steamed Vegetable Baked Roll Ice Cream	Green Salad Baked Dijon Salmon <i>or</i> Prime Rib Baked Potato Chef's Steamed Vegetable Baked Roll Cheesecake	Green Salad Cranberry Glazed Ham <i>or</i> Parmesan Crusted Chicken AuGratin Potatoes Roasted Carrots Baked Roll Spiced Pear Cake	Green Salad Meatballs with Marinara Sauce <i>or</i> Baked Salmon with Basil Cream Sauce Angel Hair Pasta Oven Roasted Broccoli Whole Grain Bread Peanut Butter Brownie	Cottage Cheese and Pineapple Garlic Broiled Chicken Breast <i>or</i> Pot Roast with Gravy Smashed Red Potatoes Capri Blend Baked Roll Creamy Strawberry Dessert
D I N N E R	Soup Du Jour Grilled Cheese Sandwich Roasted Pears Baby Carrots Cookie	Soup Du Jour Shrimp Fettuccine Alfredo Roasted Zucchini Garlic Bread Sherbet	Soup Du Jour Crispy BBQ Chicken Salad Fresh Cornbread Grapes	Soup Du Jour French Dip Sandwich Raspberry Jello Salad Roasted Cauliflower Ice Cream Bar	Soup Du Jour Taco Salad Select Orange Salad Corn Layered Pudding	Soup Du Jour Ham and Cheese Sliders Pineapple Coleslaw Baked Cinnamon Apples	Soup Du Jour Pepperoni Pizza Tossed Vegetable Salad Crusty Garlic Bread Classic Rice Krispies Treat
	Milk offered at every meal						Week 1

Dietitian's Signature:  10-14-2024  
610128

*We apologize if circumstance require a last minute change to our menu*