



6:30

### Milestone Admin

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
22 Cucumber Onion Salad Rosemary Lemon Chicken <i>or</i> Pecan Crusted Beef Tenderloin Garlic Pasta Green Beans Italian Baked Roll Vanilla Cream Pie	23 Apple Spinach Salad Mushroom Stuffed Pork Loin Quiche Florentine Candied Yams Smashed Parmesan Brussels Baked Roll Blueberry Coffee Cake	24 Green Salad Steak with Balsamic Cranberry Sauce Grilled Haddock with Aioli Sauce Herb Mashed Potatoes Chef's Steamed Vegetable Baked Roll Maple Bread Pudding	25 Cranberry Broccoli Salad Homestyle Turkey with Gravy Peachy Pork Chop Sage Stuffing Buttered Squash Apple Cobbler	26 Corn and Butter Bean Salad Cranberry Glazed Ham <i>or</i> Parmesan Crusted Chicken Creamy AuGratin Potatoes Roasted Carrots Baked Roll Spiced Pear Cake	27 Green Salad Meatballs with Marinara Sauce <i>or</i> Baked Salmon with Basil Cream Sauce Angel Hair Pasta Roasted Broccoli with Garlic and Lemon Baked Roll Peanut Butter Brownie	28 Crunchy Vegetable Salad Chicken with Garlic Walnut Cream Sauce Corned Beef Brisket Smashed Red Potatoes Capri Blend Baked Roll Easy Berry Trifle
29 Pear Fruit Cup Tangy Pork Roast <i>or</i> Prime Rib Roast Baked Yams Beets Baked Roll Chocolate Turtle Cake	30 Green Salad Chicken Fried Steak and Gravy Turkey Divan Classic Mashed Potatoes Baby Carrots Baked Roll Pumpkin Pie	31 Apple Cranberry Green Salad Creamy Dill Chicken Grilled Polish Sausage with Apple Sauerkraut Rice Pilaf Yellow Squash and Onions Baked Roll Fruit Crisp	Jan 1 Ambrosia Sour Cream Cheddar Cod Maple Glazed Ham Steak Roasted Potato Medley Seasoned Broccoli Baked Roll Lemon Mousse Dessert	2 Green Salad Smothered Cube Steak <i>or</i> Spinach Turkey Meatballs Buttered Noodles Peas and Mushrooms Grandma's Brown Sugar Cake	3 Charred Broccoli Salad Chicken Piccata <i>or</i> Butter Poached Shrimp Garlic Mashed Potatoes Roasted Asparagus Baked Roll Cherry Cheesecake	4 Green Salad St. Louis BBQ Pork Ribs Braised Beef Brisket Baked Sweet Potato Southern Green Beans Southern Peach Cobbler
5 Purple Cabbage and Pecan Salad Meatloaf with Carmelized Onion Gravy <i>or</i> Caprese Chicken Garlic Roasted Potatoes Herb Sauteed Vegetables Baked Roll Chocolate Cream Pie	6 Spinach Cucumber Salad Crusted Chicken with Lemon Glaze Salmon with Honey Thyme Sauce Creamy Risotto Green Beans Fruit Cobbler	7 Green Salad Pork Chops with Scalloped Apples Orange Roasted Duck Cranberry Sage Dressing Baked Squash Banana Pudding Poke Cake	8 Cottage Cheese and Fruit Classic Salisbury Steak and Gravy Ham with Bourbon Molasses Pecan Glaze Sour Cream Potatoes Country Trio Medley Baked Roll German Chocolate Brownie	9 Asian Cabbage Salad Sweet and Sour Chicken Drumstick <i>or</i> Miso Braised Pork Vegetable Lo Mein Roasted Bok Choy Spring Egg Roll Pineapple Cream Pie	10 Fresh Citrus Salad Maryland Crab Cake <i>or</i> Slow Roasted Sirloin with Rosemary Au Jus Steamed Red Potatoes Sauteed Spinach Honey Bread Pudding	11 Green Salad Hungarian Goulash Turkey Roast with Stuffing Herb Mashed Potatoes Chef's Steamed Vegetable Baked Roll Autumn Spice Cake
12 Goat Cheese and Spinach Salad Baked Ham <i>or</i> Beef Roast with Gravy Scalloped Potatoes Seasoned Cauliflower Baked Roll Pear Crisp	13 Artichoke Pasta Salad Melt In Your Mouth Chicken Country Fried Shrimp Garlic Parmesan Rice Roasted Zucchini Chocolate Chip Cake	14 Green Salad Swedish Meatballs Lemon Oregano Turkey Noodles Mixed Vegetables Baked Roll Caramel Gingerbread Bars	15 Apple Salad Rosemary Pork with Honey Mustard Sesame Ginger Chicken Roasted Sweet Potatoes Green Beans Baked Roll Coconut Cream Pie	16 Caesar Salad Filet Mignon <i>or</i> Creamy Tarragon Chicken Baked Potato Lemon Glazed Carrots Berry Buckle Cake	17 Blue Cheese Coleslaw Baked Cod Fillet with Tomato and Chive Butter <i>or</i> Pork Chops with Country Gravy Seasoned Rice California Normandy Blend Baked Roll Pudding Tart	18 Green Salad Turkey Cutlets with Pan Gravy Beef Burgundy Mashed Red Potatoes Bacon Brussels Sprouts Baked Roll Pumpkin Squares

19	20	21	22	23	24	25
Four Fruit Medley	Green Salad	Apple Cranberry	Orange-Kiwi Salad	Caprese Salad	Green Salad	Broccoli Tortellini
Beef Tenderloin with	Buttermilk Baked	Green Salad	Pepper Steak with	Chicken with Dijon	Breaded Fish Fillet	Salad
Bearnaise Sauce	Chicken	Crispy Pork Chops	Gravy	Sauce	<i>or</i>	Mozzarella Meatloaf
<i>or</i>	Veal Steak and	Beef Cube Steaks	Turkey with	<i>or</i>	Baked Sliced Ham	Roasted Cornish
Winter Citrus Butter	Onions	Roasted Yukon	Mushroom Sauce	Oven Roasted Pork	Seasoned Fried	Hens
Salmon	Fresh Cooked Yams	Potatoes	Southwest Rice	Loin	Potatoes	Herb Roasted Red
Parmesan Mashed	Seasoned Cabbage	Mixed Vegetables	Seasoned Zucchini	Stuffing	Chef's Steamed	Potatoes
Potatoes	Baked Roll	Baked Roll	Baked Roll	Steamed Broccoli	Vegetable	Seasoned Peas
Maple Roasted	Cherry Cobbler	Angel Food Cake	Hot Fudge Sundae	Caramel Apple Pie	Baked Roll	Italian Cream Cake
Carrots					Fruit Crisp	
Chocolate Banana						
Cream Pie						

*We apologize if circumstance require a last minute change to our menu*